Seven-Point Story Structure Template for Beginners

This is a simple Seven-Point Story Structure template designed to help you get started with writing your story. Pages 1 and 2 give you a brief overview of the worksheet, while pages 3 to 13 guide you step by step to complete your story outline. Also, there is a summary on page 14.

Instructions

This simple template helps you outline your story step by step using the seven-point story structure. On the following pages, you will work through each section to plan your story from beginning to end.

You will cover

1. **Hook**: The starting point where you introduce your protagonist's ordinary life.
2. **Plot Point 1**: The inciting incident. The transition from the protagonist's ordinary life to adventure.
3. **Pinch Point 1**: The situation escalates, and the protagonist has to face challenges and conflicts.
4. **Midpoint**: A pivotal moment where the protagonist moves from reaction to action, shifting the story's direction.
5. **Pinch Point 2**: The story's central conflict turns for the worse, creating a major setback for the protagonist.
6. **Plot Point 2**: The climax of the story. This is where the protagonist learns something that helps them resolve the central conflict.
7. **Resolution**: The central conflict is solved, and the protagonist reaches their goal or learns a valuable lesson.

Name _____   Date _____

Assignments:

Read the section description carefully so you understand the purpose of each stage in your story. There is no right or wrong answer; focus on exploring your story. Answer each question in 3-6 complete sentences.

....

Hook: The starting point where you introduce your protagonist's ordinary life.

- What does their day usually look like from the moment they wake up to when they go to sleep? For example, habits, hobbies, work, studies, responsibilities, etc.

answer:

_____

_____

_____

Name _____ Date _____

- What did the protagonist think their life would look like in 10 years? Did they have a detailed life plan, or did they want everything to stay the same?

answer:

_____

_____

_____

- What is something that the protagonist wants or feels like is missing in their current life?

answer:

_____

_____

_____

Name _____ Date _____

Plot Point 1: The inciting incident. The transition from the protagonist's ordinary life to adventure.

- What happens that changes your protagonist's life?

answer:

_____

_____

_____

- Why is the protagonist unable to return to their ordinary life?

answer:

_____

_____

_____

Name _____   Date _____

- How does the protagonist feel about their new life? Are they pleased with the turn of events, or are they upset?

answer:

_____

_____

_____

Pinch Point 1: The situation escalates, and the protagonist has to face challenges and conflicts.

- What obstacles does the protagonist have to overcome?

answer:

_____

_____

_____

Name _____ Date _____

- Who is helping them and who is not? Think of family, friends, and enemies.

answer:

_____

_____

_____

- What does the protagonist learn that will help them later?

answer:

_____

_____

_____

Name _____ Date _____

Midpoint: A pivotal moment where the protagonist moves from reaction to action, shifting the story's direction.

- What revelation forces your protagonist to act?

answer:

_____

_____

_____

- Does the midpoint twist answer the story's first question, and what new question does it ask?

answer:

_____

_____

_____

Name _____   Date _____

- How do your protagonist's actions change?

answer:

_____

_____

_____

Pinch Point 2: The story's central conflict turns for the worse, creating a major setback for the protagonist.

- What setback does the protagonist face?

answer:

_____

_____

_____

Name _____   Date _____

- How does it remind them what is truly at stake?

answer:

_____

_____

_____

- In which way does this challenge test them before the final moment?

answer:

_____

_____

_____

Name _____   Date _____

Plot Point 2: The climax of the story. This is where the protagonist learns something that helps them resolve the central conflict.

- What truth does the protagonist realize?

answer:

_____

_____

_____

- How have they changed since the beginning?

answer:

_____

_____

_____

Name _____   Date _____

- How do they use what they have learned on the journey to resolve the main conflict?

answer:

_____

_____

_____

Resolution: The central conflict is solved, and the protagonist reaches their goal or learns a valuable lesson.

- How has the protagonist's life changed after climax?

answer:

_____

_____

_____

Name _____   Date _____

- What lesson did they learn?

answer:

_____

_____

_____

- What does this story reveal about life?

answer:

_____

_____

_____

Thank You for Using This Template

You have now outlined your story using the seven-point story structure. You have completed an important step in creating your story, and you should be proud of your work.

You are now ready to write your story. I hope you find these notes helpful as you continue writing.

For more beginner-friendly writing tips and guides, visit my site: **flawlesswriting.net**

FlawlessWriting